

BlendLife Menu:

Grill'wiches: \$6.5

(GOURMET GRILLED CHEESE)

ALL OUR GRILL'WICHES ARE MADE WITH OUR FAMOUS KASIL (KALE BASIL) PESTO SPREAD ON RYE BREAD*
CHOOSE YOUR FILLING STYLE BELOW....

CLASSIC - FONTINA AND MUESTER CHEESE

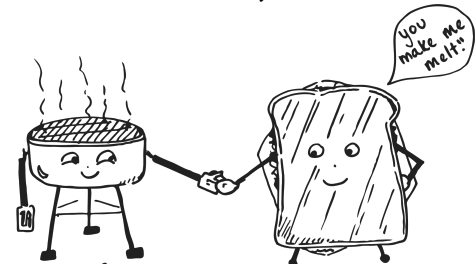
ITALIANO - MOZZARELLA CHEESE, FRESH SLICED TOMATO AND BASIL

SOPRANO (+\$1)- FONTINA AND MUESTER CHEESE WITH 3 FINE ITALIAN MEATS: PROSCIUTTO, SOPRESSATA & CAPOCOLLO

Add to any Grill'wich:

PROSCIUTTO - \$1 TOMATO - \$.5

* GLUTEN FREE BREAD AVAILABLE UPON REQUEST



Grilled Cheese: \$5

A TRADITIONAL GRILLED CHEESE MADE WITH RYE BREAD* AND MUESTER AND FONTINA CHEESE

Grill-a-dillas: \$7

(GOURMET QUESADILLA)

ALL OUR GRILL-A-DILLA'S ARE SERVED ON FLOUR TORTILLA SHELLS, LATHERED IN OUR SPECIAL KASIL PESTO SPREAD AND SERVED WITH 2OZ A SIDE OF OUR FRESH-BLENDED PICO DE GALLO. CHOOSE YOUR FILLING STYLE BELOW:

TRADITIONAL - MONTEREY AND CHEDDAR JACK CHEESE

ITALIANO - MOZZARELLA CHEESE, FRESH SLICED TOMATO AND BASIL

SOPRANO (+\$1)- FONTINA AND MUESTER CHEESE WITH 3 FINE ITALIAN MEATS: SOPRESSATA & CAPOCOLLO



Add to any Grill-a-dilla:

PROSCIUTTO - \$1 TOMATO - \$.5 SIDE OF CHIPS - \$1.5

Pico & Chips: \$3.5

4OZ OF OUR FRESH-BLENDED PICO DE GALLO, MADE WITH FRESH SQUEEZED LIME AND OUR NUTRIENT PACKED POWER SEED MIX (HEMP, SESAME, AND FLAX) SERVED WITH TORTILLA CHIPS.

Smoothie Bowls: \$6

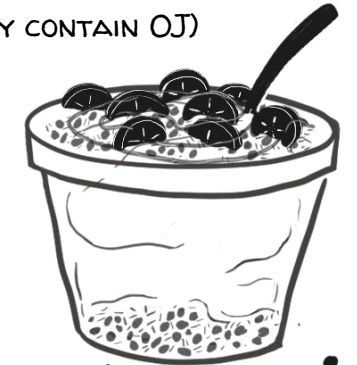
ALL NATURAL * REAL FRUIT * NO ADDED SUGAR * NO DAIRY

OUR SMOOTHIE BOWLS ARE MADE UP OF A THICKENED SMOOTHIE SANDWICHED BETWEEN CRUNCHY GRANOLA, AND TOPPED WITH SLICED BANANAS AND LOCAL HONEY. CHOOSE YOUR SMOOTHIE FLAVOR BELOW....

RIO - ACAI, STRAWBERRY, BANANA, ALMOND MILK* (MAY CONTAIN APPLE JUICE)

DRAGONFRUIT - DRAGONFRUIT, RASPBERRY, BANANA, ALMOND MILK* (MAY CONTAIN APPLE JUICE)

HANGOVER HELPER - ACAI, BLUEBERRY, BANANA, ALMOND MILK* (MAY CONTAIN OJ)



Add to any Smoothie Bowl:

CHIA SEEDS - \$.5 GOGI BERRIES - \$.5 COCONUT FLAKES - \$.5 PEANUT BUTTER - \$1

WE CUSTOMIZE - JUST ASK!

* COCONUT OR SOY MILK AVAILABLE UPON REQUEST

Smoothies: \$5

ALL NATURAL * REAL FRUIT * NO ADDED SUGAR * NO DAIRY

CHOOSE YOUR FLAVOR BELOW...

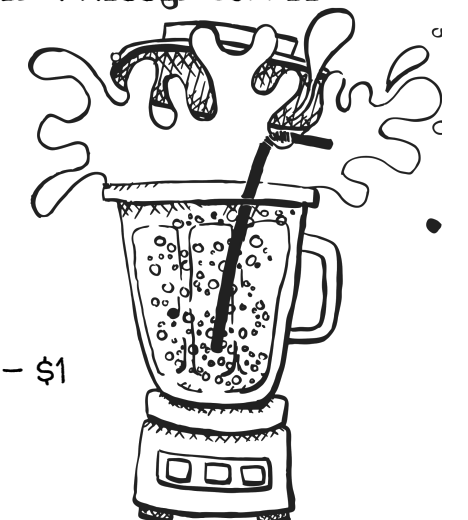
RIO - ACAI, STRAWBERRY, BANANA, ALMOND MILK* & APPLE JUICE

DRAGONFRUIT - DRAGONFRUIT, RASPBERRY, BANANA, ALMOND MILK* & APPLE JUICE

ORIGINAL - STRAWBERRY, BANANA, ALMOND MILK* & APPLE JUICE

HANGOVER HELPER - ACAI, BLUEBERRY, BANANA, ALMOND MILK* & ORANGE JUICE

COFFEE BUZZ - ESPRESSO COFFEE ICE CUBES, BANANA, ALMOND MILK* & COLD-PRESSED COFFEE



Add to any Smoothie:

CHIA SEEDS - \$.5 COCONUT FLAKES - \$.5 PEANUT BUTTER - \$1

WE CUSTOMIZE - JUST ASK!

* COCONUT OR SOY MILK AVAILABLE UPON REQUEST